

The Toolbox Trainers

Anne Marie Farrell, a member of the RC community of Marie Auxiliatrice is an experienced retreat and quiet day leader in the Ignatian tradition. Until recently a member of the Centre staff team she makes a very welcome return from her current ministry based in Paris.

Liz Gamble is a self-employed counsellor, tutor and trainer, working for a number of charitable organisations and in private practice. She is particularly interested in the interface between counselling and pastoral care, which informs her work at the Centre.

Jonathan Kerry, the Director of the Centre, is a Methodist Minister who has served in the Plymouth and Sheffield West circuits as well as a Research Fellow at Queen's College Birmingham and in the Connexional Team. He has helped to lead continuing development in ministry courses, supported people affected by HIV/AIDS and is a regular broadcaster.

Tim Swindell is a Methodist Minister and Chartered Accountant with a calling to workplace ministry. With a background in the financial services and hospitality industries, he is Executive Chairman of the conference centre in Methodist Central Hall Westminster, a Trustee of the GCC, and a Minister within the Enfield Circuit.

Ann-Marie Wilson is a psychologist and training consultant who has spent over 28 years helping individuals, teams and organisations. Well qualified in business, human resources and psychology, she is a member of St Barnabas Church, Finchley, North London, and sits on the Boards of Medair, Interhealth Worldwide and People in Aid.

Sue Wilson is an experienced professional trainer including MBTI, and a member of the Methodist Retreat and Spirituality Network.

Michaela Youngson a Methodist Minister, she is an author and occasional broadcaster. Formerly Connexional Secretary for Pastoral Care and Spirituality including the promotion of good practice in pastoral care and the advocacy of theologically informed perspectives on personal relationships, Michaela is now in circuit in Ealing.

Discounts and Offers

- * An 'Early Bird' offer applies to all the individual courses - 10% discount when booking 3 months prior to the start of a course.
- * Become a **Friend** of the Centre for a year at £100 and go to all Toolbox and Quiet Days free!
- * We can also offer substantial discounts to groups block booking 3 or more places.
- * Many of these events can be run at your church or group.

Booking - Please complete a Toolbox booking form.

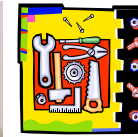
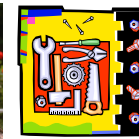
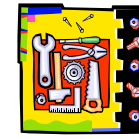
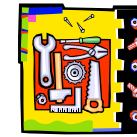
Travel information will be sent on booking and is available on the website.

The Centre has en-suite rooms for overnight stays.

Contact us for availability.

TOOLBOX FOR LIFE AND CHURCH

Practical courses
at the
Guy Chester
Centre
2010-11



The 'Toolbox' is designed to develop skills which are life enhancing, helpful, practical, empowering, useful, encouraging, thought provoking, liberating and enabling.

Each individual course combines a practical approach with a strong Christian theme and reflection. They aim to help with skills for everyday life, the work place, church life or simply for personal growth.

Those attending similar courses in the past have included clergy, lay workers and church leaders, but also church members who want to live life to the full.



Guy Chester Centre, Training & Spirituality,
Chester House, Pages Lane, Muswell Hill, London N10 1PR
Tel: 020 8883 8204
Email: admin@chestercentre.org.uk
Web: www.chestercentre.org.uk

The Courses

Money, me and God!

10am - 4pm

Saturday 11th September 2010

Leader: Tim Swindell Cost: £50

One of the subjects most talked about by Jesus, yet perhaps the least discussed in Church! Explore what God says about money and resources and the impact on us personally, as a country and the world.

Suitable for everyone who earns a living, pays taxes or lives generously!

Who am I? Who are you? Discovering personality using MBTI

10am - 4pm

Saturday 2nd October 2010

Leader: Sue Wilson Cost: £60

A day's introduction to the Myers-Briggs Type Indicator, a psychometric indicator which looks at our preferred way of doing things. It can give us a constructive way of understanding ourselves and enable us to explore the gift of our unique personality, our relationships with others and with God.

- The dynamics of our type
- Discovering our personality preferences
- Looking at stress

Understanding Loss, Bereavement and Grief

10am - 4pm

Thursday 7th October 2010

Leader: Liz Gamble Cost: £50 or Saturday 12th February 2011

Gain confidence to journey alongside others in the grieving process.

- Exploring our own loss
- Discovering what helps and what doesn't
- What is 'normal'?
- Understanding the processes and tasks

Counselling skills for ministry

10am-4pm

Thursday 11th November 2010

Leader: Liz Gamble Cost: £50 or Saturday 16th April 2011

How can counselling skills and insights inform ministry?

What is the difference between counselling skills and counselling?

Counselling skills and insights are transferable communication skills, useful in all aspects of life. We will look at the importance of boundaries, knowing our limitations, care of self, with space to practise skills such as active listening.

Suitable for those in leadership roles within the church.

Managing Staff Teams

10am - 4pm

Saturday 20th November 2010

Leader: Ann-Marie Wilson Cost: £60

Acquire new skills in motivation, communication and organisation to feel more confident about managing a team, planning workloads and overseeing performance.

Ideal for ministers, senior lay leaders and those managing staff teams, within a church context.

How are we doing? - mentoring skills

10am - 4pm

Saturday 27th November 2010

Leader: Ann-Marie Wilson Cost: £60

Good mentoring is about developing someone's independence. This is what mentors find the hardest to do and it is where the real benefits lie.

Ideal for all those who are mentoring within their church, circuit or other organisation including local preacher mentors, youth and community workers.

Pastoral care in contemporary church

10am - 4pm

Thursday 13th January 2011

Leader: Liz Gamble Cost: £50 or Saturday 7th May 2011

How do we journey alongside one another in our church communities?

What is pastoral care? Why do we do it?

An opportunity to explore what we mean by pastoral care, bringing experiences from our own particular context. We will look at a model for setting up and training pastoral teams.

Suitable for all those involved in pastoral care.

Leading a Quiet Day

10am - 4pm

Saturday 15th January 2011

Leader: Anne Marie Farrell Cost: £50

Discover how to prepare and lead a quiet day to enable people become God-centred and find space for reflection.

A day suitable for those looking for experience and an opportunity to discover gifts.

A time for every purpose

10am - 4pm

Saturday 2nd April 2011

Leader: Jonathan Kerry Cost: £50

How do we find time to do everything we need? How do we find time for ourselves, for the important people in our lives, for God?

Learn skills in managing time, setting priorities, saying 'no' – and how not to feel guilty. A day for busy people.

Lost in wonder, love and praise

10am - 4pm

Saturday 18th June 2011

Leader: Michaela Youngson Cost: £50

A day workshop giving opportunity to explore what it means to praise, lead praise, be creative in prayer and a worshipper as well as a leader.

Ideal for house group leaders, worship leaders, local preachers in fact anyone who has a heart for worship or who encourages people formally or informally to be 'lost in wonder love & praise'.