

## Other Events at the Guy Chester Centre

[www.chestercentre.org.uk](http://www.chestercentre.org.uk)

### Quiet Days

Saturdays 10am - 4pm once a month

A variety of themes and a variety of leaders including :

*October 9th, Finding God in modern art* as the Centre hosts the Methodist Collection of Modern Christian Art from Sept 23–October 17th

### Toolbox for Life and Church

Saturdays and some Thursdays 10am–4pm throughout the year

This series of individual courses aims to help with skills for everyday life, the work place, church life or simply for personal growth.

Includes such topics as:

*Sept 11th Money, me & God!* - the impact of its use on us personally, as a country and world

*Oct 2nd Who am I? Who are you?* - MBTI for discovering your personality

*Oct 7th Understanding loss, bereavement & grief* - gain confidence to walk alongside others

*Nov 11th Counselling skills for ministry* - boundaries, knowing our limitations, care of self

*Nov 20th Managing staff teams* - motivation, communication, organisation.

*Nov 27th How are we doing?* - mentoring skills

*Jan 13th Pastoral care in the contemporary church* - setting up and training pastoral teams

*April 2nd A time for every purpose* - time management, setting priorities, saying 'no'.

**Advent retreat 'Emmanuel, God with us' Weekend December 3rd-5th**

Treat yourself to a pause in the pre-Christmas rush, where ever you are in your spiritual life.

**Creative Retreat 'Be still and know' Weekend March 25th -27th 2011**

Give yourself time with God on this weekend to be still, and to reflect on His presence in your life. An opportunity to be creative too!

**'Stronger Together—empowering your ministry'**

**Mon 4th–Thurs 7th April 2011**

An approach to support those in full time ministry, exploring ways of consultative working and reflective practice. Ideal as part of a sabbatical or continuing development in ministry.

# Tuesday 2nd – Thursday 4th November 2010

## a midweek retreat for lay church workers

### 'He walked with us. . .'

## an opportunity for rest, relaxation, reflection and challenge

## at the Guy Chester Centre



Guy Chester Centre, Training & Spirituality,  
Chester House, Pages Lane, Muswell Hill,  
London N10 1PR Tel: 020 8883 8204  
Email: [admin@chestercentre.org.uk](mailto:admin@chestercentre.org.uk)  
Web: [www.chestercentre.org.uk](http://www.chestercentre.org.uk)

## Essentials

The retreat begins on Tuesday evening at 6pm although you're welcome to arrive anytime from 4pm onwards to settle in and ends at 2pm on Thursday.

Full board accommodation is in en-suite rooms and towels are provided.

Cost is £115. Early Bird discount of 10% is offered for bookings made before August 2nd.

## Programme

The aim is to provide an opportunity to

- spend time in relaxation, prayer, worship and training
- spend time reflecting on work and best practices in doing the work
- share honestly with each other the joys and sorrows of life as a church worker

### Previous participants said:

*The retreat was gentle yet firm, allowing the still small voice to be heard.*

*I really valued the opportunities to study and enter into Bible passages, leading to personal prayer.*

*I appreciated the time to be on my own with God (especially in the garden).*

*The unpressured atmosphere was much appreciated.*

*Accommodation and food excellent – such an important part of the experience. Thank you for warm, sensitive planning and leadership.*

## The Venue

Guy Chester Centre is set in ten acres of grounds and gardens in a pleasant north London suburb, yet only half a mile off the North Circular Road and about 45 minutes from Kings Cross.

The nearest tube stations are either East Finchley on Northern Line and Bounds Green on Piccadilly line, or Finsbury Park on Victoria line and main line rail station. Detailed travel information will be sent on booking.

View rooms & estate at [www.chestercentre.org.uk](http://www.chestercentre.org.uk)  
For more information please contact Morfa Jones on  
020 8883 8204 ext 230 or [morfa.jones@chestercentre.org.uk](mailto:morfa.jones@chestercentre.org.uk)

## Booking Form

Event: **Retreat for lay church workers**  
**Tues Nov 2nd—Thurs 4th November 2010**

Type of booking: Residential / Non-Residential (delete as appropriate)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Special needs (diet, access etc): \_\_\_\_\_

Name of Circuit and District: \_\_\_\_\_

Any other information: \_\_\_\_\_

Any special offer? \_\_\_\_\_

eg Early bird 10% discount for booking made before 2nd August

Payment enclosed: £\_\_\_\_\_ (payable to Guy Chester Centre)

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

### **Please return Booking Form and payment by 10th October to:**

Guy Chester Centre, Training & Spirituality, Chester House, Pages Lane,  
Muswell Hill, London, N10 1PR

Cancellations: A refund will be given if cancellations are notified up to two weeks before the retreat.

Would you like to receive information/mailings on other courses here?  
YES / NO [NB We will not be passing data to anyone else]